Installation Instructions for Set # 8-3115

**Front upper control arm**

**Step #1** Remove front upper control arm from vehicle.

**Step #2** Remove bushing and inner metal sleeve from the control arm. **Caution:** Do Not remove or damage the outer metal shell. We have found that using a slight amount of heat to break the bond between the rubber and shell will help ease removal. **Important!** Press the shells into the control arm so that there is no gap between the shell and the control arm. **Diagram B**

**Step #3** Clean out the inside of the shells and apply grease. Grease all sides of the bushing that contact metal. Install as shown in the diagram below. **Diagram A**

**Step #4** Tighten all fasteners to factory specifications.

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**Front lower control arm**

**Step #1** Marking the alignment cams of the location before removing the arm will help with alignment afterwards. Remove control arm from vehicle. This is a view of the stock original bushing including outer

**Step #2** Remove one washer per bushing. The washers are pressed onto the sleeve and will need to be pressed off. We have found that careful use of a pickle fork or a blunt nosed punch seems to work best. **Caution:** Do not bend or damage this washer. You will reuse both the washers and the sleeves.

**Step #3** Do Not remove bushing outer metal shell

**Step #4** Press the shells into the control arm so that there is no gap between the shell and the control arm. **Diagram B**

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